



Australian Government

Defence



Townsville eNews

1 June 2023

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Office open Monday to Friday 8.30am to 5pm

FIND OUT FIRST!



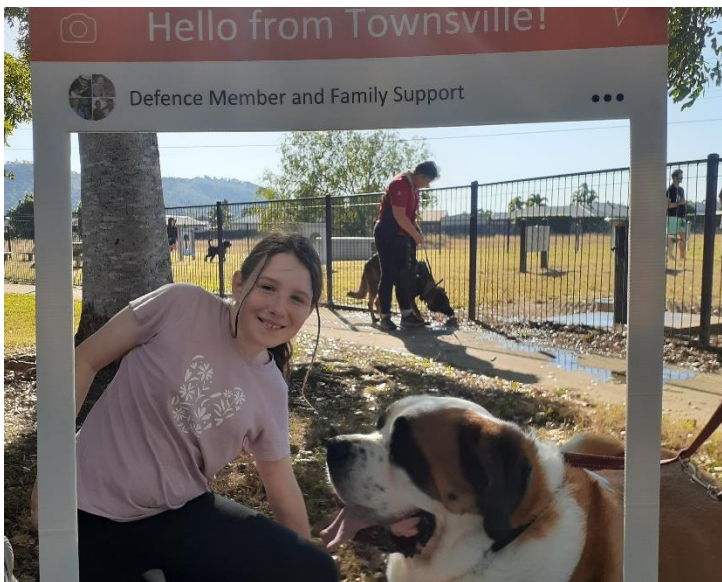
DMFS Townsville has an [Eventbrite](#) page. Tickets for all DMFS events are uploaded to Eventbrite for registration. Events are uploaded at different times throughout the month.

To avoid missing out on tickets, follow the page to receive an instant notification when events are released.

To opt-in to receive notifications directly from our Eventbrite page, all you need to do is:

- **Follow** the DMFS Townsville [Eventbrite](#) page
- **Register** your details
- **Download** the Eventbrite app
- **Enable** push notifications

OUT AND ABOUT IN MAY!



National Families Week Events



Defence School Mentor Network Meetings



Legacy Torch Relay



My Dad & Me

DMFS TOWNSVILLE'S UPCOMING EVENTS

Buddies in the Burbs - Junction Café North Shore, *Friday 2 June*



Northern Beaches families we are coming to you!

Join DMFS for the inaugural Buddies in the Burbs at Junction Café North Shore. Buddies in the Burbs is an informal gathering, separate to our regular Coffee Connections specifically for families in the Northern Beaches area. Buddies in the Burbs aims to assist families to build connections and friendship networks in your local area.

To help us kick off Buddies in the Burbs, DMFS will provide your first coffee on us! Children are welcome under direct parent/carers supervision.

Where: Junction Café, North Shore

When: Friday 2 June, 9:30-11:30

Registration: [Eventbrite – Buddies in the Burbs](#)

ADF Equip for 9-12 year olds, *Tuesday 13 & 20 June*



DMFS Townsville will be running DMFS' ADF Equip program. The ADF Equip program assists ADF kids adjust to the unique challenges they may experience as a member of a Defence family.

These sessions focus on parental absence and is for ADF children 9 - 12 years old. The program will run over two sessions; children will be required to attend both sessions:

Tuesday 13 June 5:30pm-7:30pm (session 1)

Tuesday 20 June 5:30pm-7:30pm (session 2)

Where: Geckos Family Centre

When: Tuesday 13 & 20 June 5:30pm-7:30pm

Registration: [Eventbrite – ADF Equip](#)

Absence Support Evenings, *Tuesday 13 & 20 June*



DMFS social workers invite you to attend our upcoming absence support evenings over two weeks where we will explore the impacts of service related absence in a safe and supportive space. We invite ADF partners to attend even if your partner is not currently absent, noting that this will be an inevitable part of service life at some point. Over the course of two weeks we will explore the emotional cycle of absence, healthy relationships and communication as well as exploring strategies to manage the unique challenges associated with Defence life. You will have the opportunity to access support from DMFS social workers while forming new connections and networks with other ADF partners. Refreshments will also be provided.

Tuesday 13 June 5:30pm-7:30pm (session 1)

Tuesday 20 June 5:30pm-7:30pm (session 2)

Where: Geckos Family Centre

When: Tuesday 13 & 20 June 5:30pm-7:30pm

Registration: [Eventbrite – Absence Support Evenings](#)

Coffee Connections - MILK Espresso Willows, Friday 16 June



Come along to MILK Espresso @ Willows for the June edition of Coffee Connections where you can meet other ADF families and get to know your local DMFS team. New to Townsville or have been here a while, everyone's welcome!

This is a self-funded activity. Attendees are responsible for the cost of purchasing their own food and drinks. Children welcome under direct parent/carer supervision.

Where: MILK Espresso Willows

When: Friday 16 June, 9:30-11:30

Registration: [Eventbrite – Coffee Connections](#)

DMFS and Royal Life Saving Qld's Family Fun Day, Sunday 18 June



Royal Life Saving Queensland is pleased to offer Townsville Defence families the opportunity to enjoy a social, fun family day at the Long Tan Memorial Pool.

Come along to learn important lifesaving survival skills from Royal Lifesaving Qld experts, and take part in lots of fun activities.

Activity timetable listed in Eventbrite.

Where: Long Tan Memorial Pool, Heatley

When: Sunday 18 June, 10:00am-3:00pm

Registration: [Royal Life Saving QLD Family Fun Day](#)

****Photographs will be taken at all DMFS events. Please let our staff know if you do not want your family to be photographed. Photos may be used on our social media channels or in a DMFS publication.***

EOI - Defence and Veteran Wellbeing Strategy 2023-27



EOI – Defence and Veteran Family Wellbeing Strategy 2023-27 – Minister for Defence Personnel (MINDP) Roundtable engagements – seeking participants

Defence is seeking to recruit a broad range of representatives from the Defence family community to sit on the MINDP Roundtable engagements planned for June 2023. Final dates to be confirmed. Looking to include representatives associated with all three Services, across ranks and at different stages of the military and family life cycles.

Roundtable participants will share their views on the draft Defence and Veteran Family Wellbeing Strategy 2023-27 and if it addresses the needs of the Defence and Veteran family communities.

Defence is seeking to nominate ten representatives to be part of one of three, two-hour engagements in Canberra. Defence will cover travel and accommodation costs.

If you or someone you know is interested in an opportunity to participate in these engagements, please email:

memberandfamilyhelpline@defence.gov.au by COB **Monday 5 June 2023**.

DVA EMPLOYMENT OPPORTUNITIES



Australian Government
Department of Veterans' Affairs

Several opportunities exist in the Department of Veterans' Affairs for APS Level 4 Claims Support Officer located in Townsville. These non-ongoing positions will be available for an initial 12-month period with the possibility of extension. Full-time and part-time hours are available with great flexible working arrangements with the potential for up to 3 days a week working from home following an initial training period.

To view these positions, click on the [link](#).

CONNECTING WITH YOUR DEFENCE COMMUNITY

Come to the Table - Family Dinner, *Sunday 3 June*



Team Sallyman Lavarack Barracks Invites Defence families in Townsville to share a BYO BBQ/picnic dinner at Geckos Family Centre - North Queensland this Saturday at 5pm.

There will access to the BBQ and kitchen. Kids can play inside or outside with adult supervision, and they might even have the footy on the TV.

Please note this is an alcohol free event.

Where: Geckos Family Centre, Lavarack Barracks

When: Sunday 3 June, 5:00pm

Geckos Family Centre, School Holiday Upcoming Events



Week 1

Sat 24 June, Veteran Gaming Australia, Gaming event @ Geckos

Monday 26 June, Tenpin bowling

Wednesday 28 June, Ninja Park

Friday 30 June, Movie Day at Readings

Week 2

Monday 3 July, Mini Trains,

Wednesday 5 July, Pitstop Karting

Friday 7 July, Movie Day @ Readings

All tickets are available from 1 June via Try Booking

NATIONAL RECONCILIATION WEEK 2023



Keep up the momentum for change: the theme for National Reconciliation Week 2023 is ***Be a Voice for Generations***.

The theme encourages all Australians to be a voice for reconciliation in tangible ways in our everyday lives – where we live, work and socialise.

For the work of generations past, and the benefit of generations' future, act today for a more just, equitable and reconciled country for all.

National Reconciliation Week – 27 May to 3 June – is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

Find out more about [National Reconciliation Week](#) #NRW202

WHAT'S ON IN TOWNSVILLE

To keep up-to-date with Council initiatives across Townsville, visit [Townsville City Council's What's On Townsville's website](#) or [Facebook](#) page.

Art-box at Riverway, *beginning Thursday 15 June*



Townsville City Galleries is excited to announce the return of their Art-box creative program for under 5s! Join a creative environment with play based multi-sensory learning for under 5s, families, and carers at Pinnacles Gallery!

Art-box will not occur on school holidays, Gallery holidays or public holidays. All materials are provided on a first come, first serve basis. Children must be accompanied by a parent or guardian at all times.

When: Beginning Thursday 15 June, 10:30am-11:30am

Where: Pinnacles Art Gallery at Riverway Precinct.

These workshops are FREE, and no bookings are required.

Riverway Movie Nights, *Friday 16 June*



Riverway Movie Nights is back!

Pack a blanket and head down to Riverway with the kids for Riverway Movie Nights – an open-air cinema under the stars every third Friday of the month.

This month the movie showing is *Minions: The Rise of Gru* - The untold story of one twelve-year-old's dream to become the world's greatest supervillain.

Where: Riverway Oval, 20 Village Boulevard, Thuringowa Central

When: 6:30pm, 16 June 2023

Email: enquiries@townsville.qld.gov.au

North Australian Festival of Arts (NAFA), *from Friday 23 June*



Join NAFA for two weeks of performances, experiences, and culture for the community to enjoy as we celebrate the arts.

From comedy, circus, cabaret, dance, music, theatre, visual arts and more! There is always something for everyone.

Where: Strand Park 37- 43 The Strand North Ward

When: Friday 23 Jun, 11:00am – 10:00pm

Email: nafa@townsville.qld.gov.au

JOIN OUR MAILING LIST!



Do you know someone who has recently moved to Townsville, or perhaps they have been here a while and may not be on our mailing list?

Why not flick them this e-News so they can register via the QR code or [link](#).

The monthly eNews provides information about our support services, programs and upcoming events.

Defence Member and Family Helpline

1800 624 608

For advice, support or local community information, contact our all-hours [Defence Member and Family Helpline](#). Run by Defence Member and Family Support, the helpline is the best way to access the programs and services that we offer to help Defence families manage the military way of life.

The helpline is available 24/7 and is staffed by qualified human services professionals, including social workers and psychologists.

The information contained in this bulletin is sent out on behalf of other agencies and groups. It does not necessarily indicate DMFS support or involvement. The intention is to provide information to readers so that they can self-select and research its suitability for them individually.

If you no longer wish to receive this bulletin please email your request to [DMFS Townsville](#).



Follow Defence Member and Family Support to receive updates.

To defend Australia and its national interests in order
to advance Australia's security and prosperity
www.defence.gov.au

