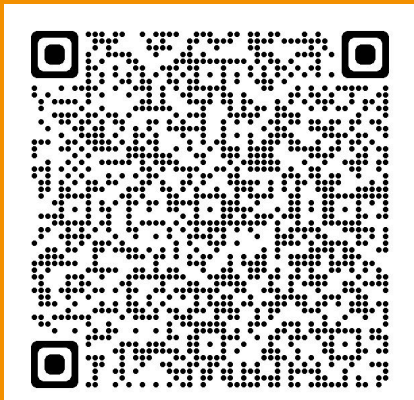


BUILDING BETTER RELATIONSHIPS



Topics include:

- Creating shared meaning through values and rituals of connection
- Understanding emotions behind your partner's life dreams
- Managing conflict positively, and
- Adopting a positive perspective.



This three day couples program can help you rediscover what's important in your relationship and help to rebuild the relationship you have with your partner.

By concentrating on what works well, this program will help you strengthen your relationship and enhance the resilience of individual partners and the relationship as a whole.

Wednesday 14th - Friday 16th June 2023

9:00am - 4:30pm

Townsville

To register for the Building Better Relationships Group Program, call 1800 011 046 or visit OpenArms.gov.au and search for 'relationships'