



THE WILLOWS STATE SCHOOL

Excellence is the Standard

25 January 2023

Dear Parents,

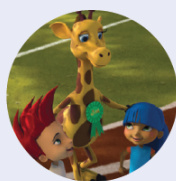
The Willows State School has chosen to partner with Life Education, a specialist health education provider. The Life Education Mobile Learning Centre will be visiting our school for Year 1, Year 3 and Year 6 from the 20th to the 27th of February. They will be engaging with all of our students over the year in some exciting and memorable learning experiences, which are aligned with the Australian Health and Physical Education Curriculum.

Life Education is a health promotion charity and the largest non-government provider of health and drug education to children. They work in partnership with schools to enhance and reinforce children's learning about nutrition, the benefits of physical activity, staying safe online, the health impacts of smoking and alcohol and strategies to cope with peer and social pressures.

Life Education is about prevention through education – providing your child with important knowledge, skills, confidence and self-esteem to help them live a healthy, safe life. The mobile classrooms make the program accessible, exciting and memorable. They use up-to-date technology and teaching methods, and engage the students through interactive games and activities. Healthy Harold the giraffe, their much-loved mascot, helps to deliver their message to primary school children.

What your child will learn.....

Year 1



Ready, Steady, Go!

Year 1

Be your social, emotional and physical best.

In this module students learn to identify body clues and manage emotions that arise in new or challenging situations. They also investigate the importance of physical activity and health choices. Learning includes:

- Identifying how our bodies react in new situations
- The benefits of physical activity
- What our body needs to be healthy including nutrition, water and sleep
- Safety strategies in different environments

Students attending the **program pay \$7.00**. Please complete the slip below and return it to the school office by **Thursday 16th of February**. Payment of \$7 will be invoiced to you and full payment must be made by the 16th of February.

Yours Sincerely,

Michelle Donn
Principal

Patricia Winter
Deputy Principal

_____(Student Name) from _____(class) will be attending the Life Education Program. Payment of \$7.00 will be made to the school by Thursday 16th February 2023.

Parent Signature: _____ Date: _____



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