



# THE WILLOWS STATE SCHOOL

*Excellence is the Standard*



12 October 2022

Dear Year 5 Parents/Guardians,

This year we are offering students the option of engaging with the Life Education "Talk About it" program regarding puberty. The school recognises that you are the primary educator of your child on issues surrounding their sexuality, however we believe we can work together to help children stay safe by encouraging healthy attitudes. The TALK ABOUT IT program by Life Education includes information on puberty incorporating physical growth and emotional changes, relationships and the concept of self. It is designed to help students understand and cope with this important phase of development. The lessons being conducted will focus on the physical, social and emotional changes experienced during puberty, and helping students understand and cope with this important phase of development.

*Talk About It* is a sensitive and age-appropriate personal development program for students in primary and secondary school that focuses on:

- Identity
- Diversity and inclusivity
- Puberty changes
- Protective behaviours and hygiene
- Consent
- Managing peer pressure
- Building and maintaining healthy relationships

Life Education *Talk about it* will be visiting us from Tuesday the 1<sup>st</sup> to Thursday the 3<sup>rd</sup> of November. These lessons will be taught by an experienced educator from Life Education and will be part of the Year 5 Health Unit. The classroom teacher will accompany their class and will also be present to assist. The cost of this program is **\$6 per student**.

Life Education is also offering a **free Parent Information session on Monday the 31<sup>st</sup> of October at 4.30pm**. This will be held in our **TCBC Conference Room**.

The School will issue an invoice for payment to be made by **Wednesday the 27<sup>th</sup> of October**.

Yours Sincerely,

Michelle Donn  
Principal

Patricia Winter  
Deputy Principal

My Student \_\_\_\_\_ (name) from \_\_\_\_\_ (class)

☐ **will be** participating in the "Talk about it" program, and I will make the payment of \$6 by the 27<sup>th</sup> of October.

☐ **will not be** participating.

I will ☐ OR I will not ☐ be attending the free parent workshop on Monday the 31<sup>st</sup> of October.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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