



THE WILLOWS STATE SCHOOL

Excellence is the Standard

11 October 2022

Dear parents, caregivers and guardians

Your child will be studying a Year 5 unit of work in health entitled **Growing up**. This unit is about the changes and transitions associated with growing up and, more specifically, puberty. The unit includes the following:

- Investigate the impact of transition and change on identities
- Evaluate strategies to manage personal, physical and social changes that occur as they grow older
- Practise and apply strategies to seek help for themselves and others
- Investigate and select strategies to promote health, safety and wellbeing.

For assessment, students will investigate developmental changes and transitions associated with growing up and access and interpret health information to create a 'Development Game'.

If you would like to know more about the unit and wish to speak with your teacher or feel that there are aspects of the unit you **do not** want your child to be involved in, please return the form at the bottom of the page to your classroom teacher.

Yours faithfully

Michelle Donn
Principal

Patricia Winter
Deputy Principal

Name of child: _____ Class: _____

☐ I do not wish for my child to be involved in aspects of the **Health unit — Growing up**.

☐ I would like to make an appointment to meet with the class teacher/Deputy Principal to discuss my concerns.

Parent/caregiver name: _____

Parent/caregiver signature _____

Contact number: _____ Preferred meeting time: _____



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