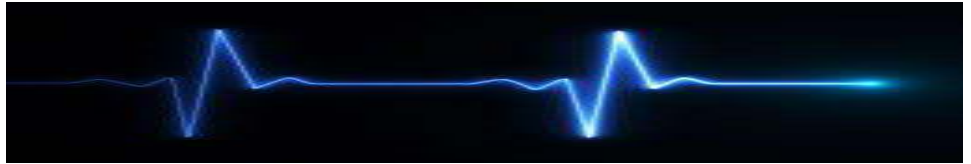


# The Pulse

**This Issue:** Term 2 2021



## **P.E. Curriculum at a glance**

- Years Prep to 6

## **Important dates**

- Interschool Cross Country
- Interhouse Athletics Carnival

## **District Trials**

- Congratulations
- Expression of Interest Forms  
(sports forms closed and forms still for submission)

## **Upcoming Events**

- Interschool Cross Country
- Garbutt Magpies

## **Previous Events**

- Bill Nettle (Rugby League) Gala Day
- NQ Netball Cup Gala Day
- Interschool Cross-Country Trial;;
- Interschool Swimming

## **Contact details**

# Physical Education

## P.E. at a Glance

Term 2 2021



Year Level	Unit of Work and Concepts, Skills and Strategies Taught
Prep	<p><b>Who wants to play?</b></p> <p>Students demonstrate personal and social skills to include others and describe their feelings after participating in a range of active games.</p> <p>Students:</p> <ul style="list-style-type: none"> <li>develop personal and social skills to include others in active games.</li> <li>understand different ways of feeling after participating in active games.</li> </ul>
Year 1	<p><b>I'm a 'balliever'</b></p> <p>Students develop locomotor and object control skills. Students experiment with using different equipment and parts of their body. They propose a range of alternatives and test their effectiveness when solving movement challenges.</p> <p>Students:</p> <ul style="list-style-type: none"> <li>develop the fundamental skills of two-handed catching, two-handed throwing, basketball dribbling and soccer ball dribbling.</li> <li>understand different ways the body reacts to physical activity.</li> <li>test, trial and evaluate possible solutions in two-handed throwing, two-handed catching, soccer ball dribbling and basketball dribbling movement challenges.</li> </ul>
Year 2	<p><b>Take your marks, get set, play</b></p> <p>In this unit, students develop the fundamental movement skills of running, jumping and throwing.</p> <p>Students:</p> <ul style="list-style-type: none"> <li>explore and develop jumping and throwing techniques in a variety of situations</li> <li>refine jumping and throwing techniques in athletics based games and to solve challenges</li> </ul>
Year 3	<p><b>In the running</b></p> <p>In this unit, students develop the fundamental movement skills of running.</p> <p>Students:</p> <ul style="list-style-type: none"> <li>explore and develop running techniques in a variety of situations</li> <li>refine running techniques in athletics based games and to solve challenges</li> <li>understand the benefits of physical activity for their mind and body.</li> </ul>
Year 4	<p><b>Athletic spectacle</b></p> <p>Students create an athletic themed sequence using fundamental movement skills and elements of movement. They perform running, jumping and throwing sequences in authentic situations.</p> <p>Students:</p> <ul style="list-style-type: none"> <li>develop and combine fundamental movement skills to form athletic sequences</li> <li>become familiar with the elements of movement and their use in athletic sequences.</li> <li>create and practise athletic-themed movement sequences that link fundamental movement skills and apply the elements of movement</li> </ul> <p>develop athletic-movement sequences in authentic running, jumping and throwing situations.</p>
Year 5	<p><b>Cannon Ball</b></p> <p>Students demonstrate control and accuracy when performing the specialised movement skills of shot put (athletics-throwing).</p> <p>Students:</p> <ul style="list-style-type: none"> <li>develop and practise shot put skills</li> <li>apply shot put concepts and strategies to improve their throwing technique,</li> </ul>
Year 6	<p><b>People in Motion</b></p> <p>Students, develop specialised movement skills of long jump including running, jumping and landing.</p> <p>Students:</p> <ul style="list-style-type: none"> <li>develop and practise long jump skills</li> <li>apply long jump concepts and strategies to improve their jumping technique,</li> </ul>

# Important Dates

Interschool Cross Country Tuesday 25 May 3.30pm-5.30pm

Interhouse Athletics Carnival Friday 18 June – more details to come.

## District Sport

Townsville School Sport Representative Information (District Trials)



## Congratulations!

Campbell Rawlinson has been selected in the Thuringowa District team. We wish him the best of luck in his upcoming matches.

## Expression of Interest Forms

Football (soccer), tennis and girls softball expression of interest to trial forms have closed.

Touch football, Rugby Union, Girls 11-12yrs rugby league and Cricket-girls and boys, expression of interest to trial forms may still be submitted to be considered.

## Upcoming Events

### Interschool Cross-Country

The interschool cross country will be held Tuesday 25 May at Bicentennial Park, Queens Road Hermit Park, from 3.30pm – 5.30pm.

It is the parent's responsibility to transport their child to and from this event.

Trainings will be held before school on Tuesday's and Thursday's from 8.00am starting during term 2. The consent note should have been received week 1.

### Garbutt Magpies

Garbutt Magpies is an interschool gala day AFL competition. Keep your eyes peeled for more information which will be coming soon.

The Garbutt Magpies Cup is an event which focuses on the importance of Aboriginal and Torres Strait Islander male role models to guide youth. The project identifies Aboriginal and Torres Strait Islander men who have led active community lives while living healthy well balanced lives.

Garbutt Magpies project was a finalist in the 2016 Queensland Reconciliation awards.

## Previous Events

### Bill Nettle (Rugby League) Gala Day

The Bill Nettle Gala Day was held on the last day of Term 1, Thursday 1 April. The boys had an enjoyable day and gained valuable experience.



### NQ Netball Cup Gala Day

The NQ Netball Gala Day was on the last day of term 1, Thursday 1 April. The girls played well with one win, three close games and a clear loss to the team that was the overall winners of the competition. The sportsmanship displayed was exemplary and the girls had a fantastic day.



### Interschool Cross-Country Trial

Well done to the students who trialled for the Interschool Cross Country Team The interschool cross-country. The cross country for those successful will be held Tuesday 25 May at Bicentennial Park, Queens Road Hermit Park, from 3.30pm – 5.30pm.

It is the parent's responsibility to transport their child to and from this event.

Trainings will be held before school on Tuesday's and Thursday's from 8.00am starting during term 2.

### Interschool Swimming

Wow! What an achievement. It is with great excitement that we congratulate the Interschool Swimming team. The Willows took out first place at the "C" Schools Carnival held on Tuesday 16 March against seven other schools.

A big thank you to all the parents for their support with students attending training sessions.

Congratulations to the 51 swimmers selected who represented our school.



A big thank you to Caroline Terz (Year 5 Classroom Teacher) for training the team during the morning training sessions prior to the carnival.

# How To Contact Us

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Feel free to schedule a call or make an appointment to have a face to face meeting.

