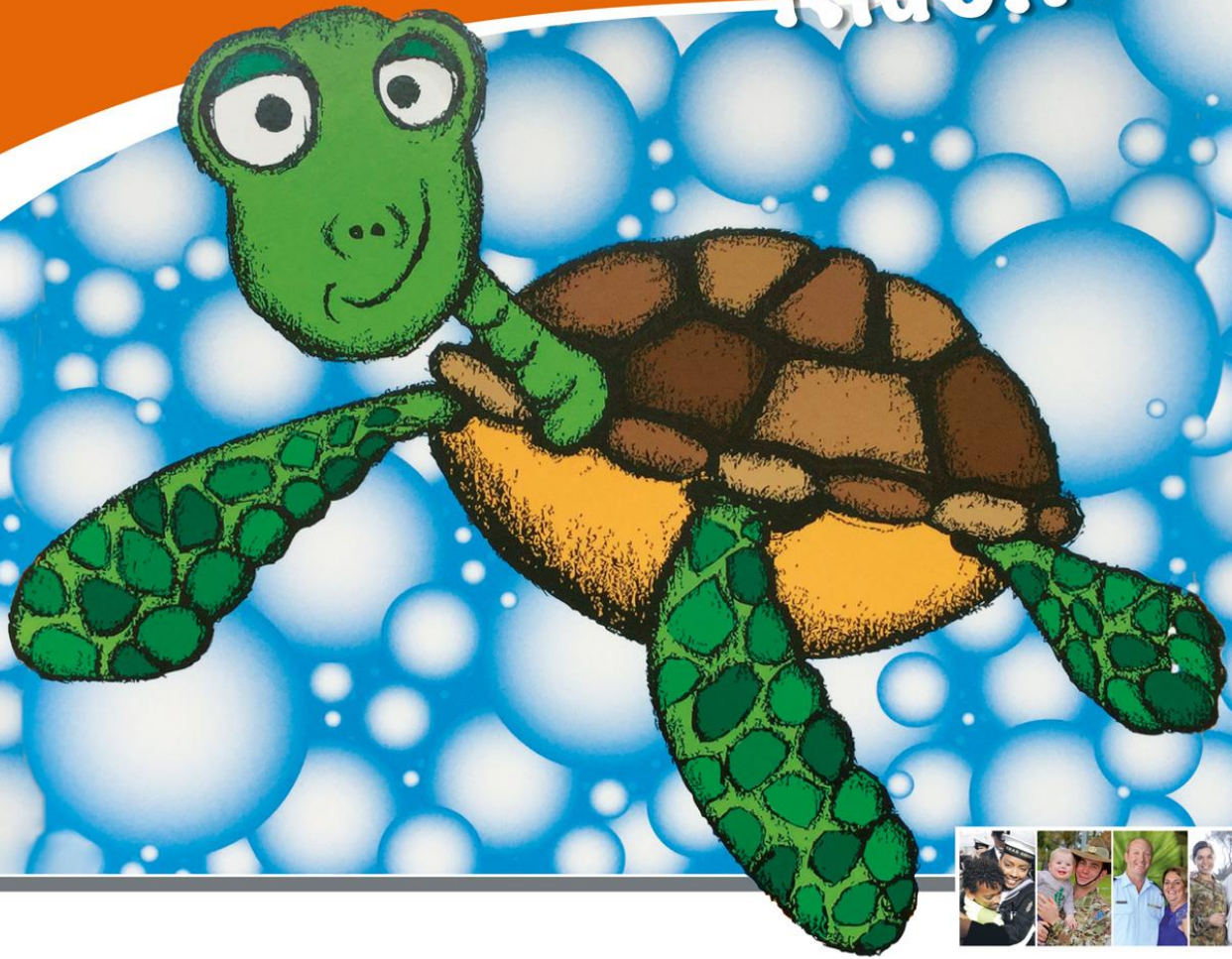




Australian Government
Department of Defence

KidSMART



Dealing with military life

A DCO program to help primary-age kids manage issues arising from posting, relocation and deployment.

KidSMART mascot Tyler Turtle will help kids learn how to manage change, stay connected with friends, meet new people, cope when feeling stressed or anxious handle emotions and relaxation. The workshop will run over two consecutive weeks (Thursday 18 & 25 Feb 21) and afternoon tea will be provided.

WHERE

The Willows State School

WHEN

Commencing Thursday 18 & 25 Feb 21, 3pm - 4:45pm

RSVP

Please speak with DSM Correna Wheeler at school on 4799 1333 or email cwhee36@eq.edu.au to register

MORE INFO

www.defence.gov.au/dco



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