

# THE WILLOWS STATE SCHOOL TUCKSHOP MENU 2020

## Sandwiches

Vegemite/Strawberry Jam	\$2.50
Cheese	\$2.50
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.50
Ham	\$3.50
Ham and Salad	\$5.00
Chicken	\$3.50
Chicken and Salad	\$5.00
Egg or Curried Egg	\$3.00

### **Options:**

<b>Bread Roll</b>	<b>\$1.00</b>
<b>Wrap</b>	<b>\$1.00</b>
<b>GF Bread / GF Wrap</b>	<b>\$1.00</b>

Extra's - Cheese, Beetroot, Pineapple 50c each

**Toasting Available (free of charge)**

## Salad Bowls

Salad	Sml \$5.00	Lrg \$7.00
Ham and Salad	Sml \$6.00	Lrg \$8.00
Chicken and Salad	Sml \$6.00	Lrg \$8.00

(Lettuce, Tomato, Carrot, Cucumber, Pineapple,  
Beetroot, Cheese, Egg and Slice of Bread)  
GF Bread \$1.00 extra

## Drinks

Slushy (Multi-V, Apple Blackcurrent)	\$1.50
Flavoured Milk (Chocolate or Strawberry)	\$2.50
Milk Cup	\$1.00
600ml Plain Milk	\$2.50
Bottled Water	\$1.00
Juice Pop Top	\$2.50
(Orange, Apple or Apple Blackcurrent)	

**Gluten Friendly - GF**  
**Homemade - HM**

## Hot Food

Lasagne	\$5.00	
Spaghetti	\$5.00	HM
Quiche	\$3.00	HM
Fried Rice	\$5.00	HM
Butter Chicken with Rice	\$5.00	HM
Mac and Cheese	\$5.00	HM
Pizza	\$4.00	HM
Corn Cob	\$1.00	
Garlic Bread	\$1.50	HM
Chicken Nuggets (3)	\$2.00	
Chicken Nuggets (6)	\$4.00	
<b>GF</b> Chicken Nuggets (3)	\$2.50	
<b>GF</b> Chicken Nuggets (6)	\$4.50	
<b>GF</b> Quiche	\$4.00	HM
<b>GF</b> Fried Rice	\$5.00	HM
Sauce (Tomato or BBQ)	\$0.50	

## Snacks

Saos	\$1.00	
(with Vegemite, Cheese or Tomato)		
Bag of Goodness	\$3.50	
(carrot sticks, cherry tomatoes, cheese, and boiled egg)		
Boiled Egg	\$1.00	
Fruit Salad Bowl	\$5.00	
Fruit Salad Cup	\$1.00	
Apple Slinky	\$1.50	
Piece of Seasonal Fruit	\$1.50	
Pikelets with Butter	\$1.00	HM
Pikelets with Butter & Jam	\$1.50	HM
Popcorn	\$1.50	HM
Vegi Sticks	\$1.00	
Cheese Square	\$1.00	

## Ice Creams

Paddlepop (Rainbow or Chocolate)	\$2.00
Vanilla Cup	\$2.00
Calippo	\$1.00
Frozen Yoghurt	\$2.50
(Mango or Strawberry)	

## AVAILABLE SELECTED DAYS

### MONDAY & FRIDAY ONLY

Beef Pie	\$4.00
Sausage Roll	\$3.50
Party Pie	\$1.50
<b>GF</b> Sausage Roll	\$4.50
Sauce (Tomato or BBQ)	\$0.50

### TUESDAY

Available First Break Only

Taco Boats		
(with lettuce tomato and cheese)	\$4.50	HM

### WEDNESDAY

Available First Break Only

Sweet Potato Wedges, Boiled Egg & Salad	\$6.00
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### THURSDAY

Available First Break Only

Mini Chicken & Lettuce Wrap	\$4.00
With either mayo or sweet chilli sauce	

### FRIDAY- Burgers

Available First Break Only

Chicken, Lettuce & Mayo	\$4.50	
Chicken & Salad	\$6.00	
Beef & Tomato Sauce	\$4.00	HM
Beef & Salad	\$5.50	HM

Salad includes: Lettuce, Tomato, Carrot, Cucumber

Extra's - Cheese, Beetroot, Pineapple 50c each

# THE WILLOWS STATE SCHOOL TUCKSHOP MENU 2020

- ♦ The School Tuckshop is run by the P&C Association, therefore all revenue earned through the Tuckshop goes to helping purchase items to aid students learning.
- ♦ We strive to bring your children a healthy range of reasonably priced food.
- ♦ This menu is Smart Choice Compliant.
- ♦ Menu items may be unavailable from time to time due to factors outside our control.
- ♦ **We do not offer credit!**

## Volunteers

Volunteers are an important part of our Tuckshop. We cannot operate without volunteers. It is a great place to catch up with others and contribute to the school.

Students love to see someone they love or know in the Tuckshop during their breaks and any help is greatly appreciated.

Our busiest time is in the morning from 9.00am - 11.40am.

If you have any spare time to help out, even 1 hour of your time to cut fruit, please contact the Tuckshop Team on 4799 1346.

## Tuckshop Trading Hours

Monday-Friday 8.15am to 1.30pm

Please note trading hours and food/drinks may change without notice. Any price changes will be placed in the newsletter.

## How To Order

### **Online**

Save time and order online at **[www.flexischools.com.au](http://www.flexischools.com.au)**.

If you have orders online you DO NOT need to send a bag in. You can even order in advance for the whole term.

### **Bags**

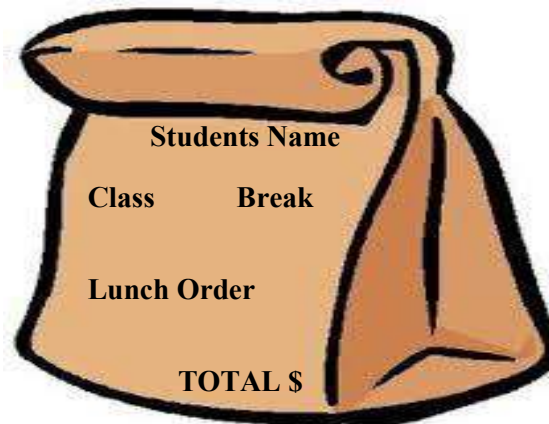
Using a suitably sized paper bag write clearly the following in black or blue pen:

- Name
- Class
- Which lunch Break (1st or 2nd)
- Details of the order
- Total cost of the order.

Your child will need to place these bags in the class Tuckshop Box prior to 9:10am.

Please provide a separate bag for each break otherwise 10c is charged for each bag provided by the tuckshop.

**PLEASE DO NOT USE STICKY TAPE OR STAPLES ON BAGS.**



## Birthday Cupcakes

- ♦ We offer Birthday Cupcakes!
- ♦ One week's notice required and payment is to be made when placing order.
- ♦ Order at the Tuckshop or Online.
- ♦ Choices:-
  - Chocolate or Vanilla Flavour
  - Icing - Pink, Blue, Yellow, Purple, Green, Chocolate or Vanilla
  - Hundreds and Thousands
- ♦ \$25 for 25 Cupcakes
- ♦ \$15 for 25 Mini Cupcakes
- ♦ \$1.00ea - Additional Cupcake

