

## Dealing with military life

## A DCO program to help primary-age children manage issues arising from posting and relocation.

KidSMART mascot Tyler Turtle will help children learn how to manage change, stay connected with friends, meet new people, and cope when feeling stressed or anxious, handle emotions and relaxation. The workshop runs over 2 weeks and children receive copies of the storybooks to keep.

The Willows State School (L Pod/Defence Room) WHERE

Commencing Wednesday 27 November 2019 & Wed 4 December **WHEN** 

from 3:00pm - 4:30pm

To register by Wednesday 20 November 2019 contact **RSVP** 

Correna Wheeler DSM on 4799 1333 or cwhee36@eg.edu.au

**MORE INFO** 



If you believe Community Organisation to receive updates.

