

## Dealing with military life

## A DCO program to help primary-age children manage issues arising from Deployment/Parental absence.

KidSMART mascot Tyler Turtle will help children learn how to manage change, stay connected with friends, meet new people, and cope when feeling stressed or anxious,(particularly during times of parental absence and deployment) handle emotions and relaxation. The workshop runs over **two weeks** and children receive copies of the storybooks to keep.

WHERE The Willows State School (L Pod/Defence Room)

Commencing Tuesday 29 October 2019 & Tues 5 Nov 3pm-4:30pm

**RSVP** To register by Tuesday 22 October 2019 contact

Correna Wheeler DSM on 4799 1333 or cwhee36@eq.edu.au

**MORE INFO** 

WHEN



