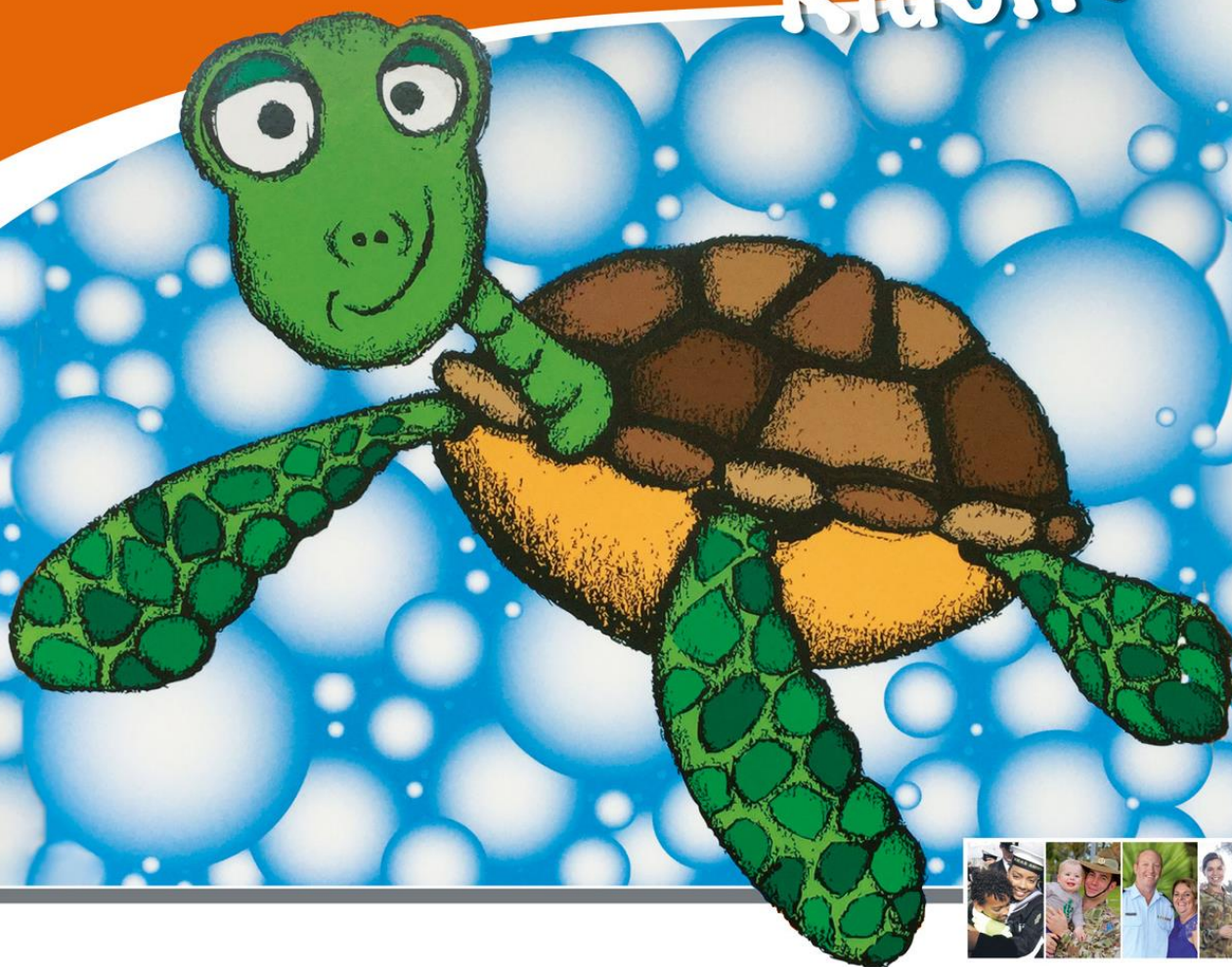




Australian Government
Department of Defence

KidSMART



Managing military life

A DCO program to help primary-age kids manage issues arising from posting, relocation and deployment.

KidSMART mascot Tyler Turtle will help kids learn how to manage change, stay connected with friends, meet new people, cope when feeling stressed or anxious (particularly during times of parental absence and deployment), handle emotions and relaxation. This is a four week program with sessions run on 24, 31 July, 07 and 14 August 2019.

WHERE

Bohlevale State School, Defence Room

WHEN

Commencing on Wednesday 24 July 2019, 3:30 - 4:45pm

REGISTER

Contact your DSM to register

MORE INFO

Defence Community Organisation Townsville

www.defence.gov.au/dco



Follow Defence Community Organisation to receive updates.

