



Australian Government
Department of Defence

Calling Defence families with young kids...



KidSMART Relocation is a four-week program for primary aged kids to help them manage posting and relocation.

KidSMART mascot, Tyler Turtle/Sam Super, will help kids learn how to manage change, stay connected with friends and meet new people.

The workshop will cover other things, like helping children to cope when feeling stressed or anxious. Tyler Turtle/Sam Super will provide some great tips and hints for handling emotions, and kids can learn some great relaxation techniques, too.

Sessions are once a week for 1.5 hours per session and all children receive a copy of the Tyler Turtle/Sam Super story book to take home.

**The Willows State School
Is hosting the Kidsmart Relocation
Program over 4 weeks starting**

**Wednesday 27th February finishing
Wednesday 20th March**

3.00pm – 4.30pm in L Pod

For more information and complete
registration please contact your DSM
Correna Wheeler on 47991333 or

e-mail cwhee36@eq.edu.au

Or the Defence Community
Organisation on (07) 47 536 539

DEFENCE COMMUNITY ORGANISATION
1800 624 608 | www.defence.gov.au/dco

