

Dealing with military life

A DCO program to help primary-age children manage issues arising from posting and relocation.

KidSMART mascot Tyler Turtle will help children learn how to manage change, stay connected with friends, meet new people, and cope when feeling stressed or anxious, handle emotions and relaxation. The workshop runs over four weeks and children receive copies of the storybooks to keep.

WHERE The Willows State School (L Pod/Defence Room)

WHEN Commencing Wednesday 24 October 2018, 3pm - 4:45pm

To register by Wednesday 17 October 2018 contact **RSVP**

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