

Bringing Up Great Kids

Bringing Up Great Kids is a five session Reflective Parenting Program suitable for parents with children aged 0 – 12. The program focuses on:

- Messages received from our childhood and the impact it has on our parenting styles
- Early brain development in children
- Positive communication patterns that encourages calm and respectful family interactions
- Stress management for parents and children

DAY GROUP

Tuesday Mornings: 10am -12pm

Dates: 20th February

27th February

6th March

13th March

20st March

The BRINGING UP GREAT KIDS Program is FREE of charge.

Please note that child minding is
unavailable.

For further information or to register
please phone **1300 364 277**

