



Sibworks

A Program For Siblings Of Children With Special Needs

Siblings of a child with special needs can sometimes feel forgotten and isolated

Sibworks is a Townsville-first program for 8 to 12 year olds who have a sibling with a disability. It bridges a gap in existing support services for families of children with special needs.

Sibworks is a 5 week program (1.5 hours per session) that aims to help participants:

- learn new skills to boost resilience
- enhance communication with family and friends
- develop a deeper understanding of their sibling's disability
- identify and explore strengths in themselves and their siblings
- connect and talk with peers who also have a sibling with a disability
- plus much more...

Visit: centacarenq.org.au | Call: 1300 NQ Care (1300 672 273)
At: 410 Ross River Road, Cranbrook, QLD