

PUT YOUR MIND

AT EASE
RECOGNISE > ACT > MAINTAIN

OPERATION *Life*

MAKE IT YOUR MISSION TO SUPPORT LIFE



workshop

date

location

rsvp

SUICIDE PREVENTION WORKSHOPS FOR VETERANS, FAMILIES AND MATES

RAISING AWARENESS AND UNDERSTANDING ABOUT THE RISK OF SUICIDE

For more information call

1800 011 046*

During normal business hours



Veterans and Veterans Families Counselling Service

A service founded by Vietnam veterans



Australian Government

**Veterans and Veterans Families
Counselling Service**

*free local call. Calls from mobile phones and pay phones may incur charges.

www.vvcs.gov.au