



Australian Government  
Department of Defence

# Calling all Defence families who have recently posted to Townsville...



The Defence Community Organisation (DCO) will host a FamilySMART relocation session for partners of serving members and a KidSMART relocation session for primary school aged Defence children.

The FamilySMART program will assist partners to consider the challenges and opportunities of the posting cycle as well as offering strategies to manage and cope with this change. The program will also provide local area information and the opportunity to meet fellow Defence spouses. The KidSMART program will provide Defence children with skills and strategies to manage their emotions during this period of adjustment.

**When:** Wednesday 16 March 2016

**Where:** The Upper Ross Community Centre  
(1/43 Allambie Lane Rasmussen)

**Time:** 5:30pm - 7:30pm



For more information or to **RSVP** please contact Megan or Joelene at DCO on (07) 47 536 539

**\* Bookings are essential to assist with catering\***