



Australian Government

Department of Defence

Need advice, support or connection
with your local community?

**Call the Defence Family Helpline on
1800 624 608**

The new Defence Family Helpline
operates 24–7 and is staffed by
qualified human services
professionals including social
workers and psychologists.

The Defence Family Helpline is the first point of contact for ADF members, their partners, children and relatives (for whom the member has primary responsibility) who seek assistance with:

- » referral to a Defence Community Organisation area office,
- » managing during deployment, posting and relocation,
- » support for partners' employment and education,
- » support services in the local community,
- » help during crisis and emergency,
- » transitioning to civilian life,
- » support available to Defence community groups,
- » assistance with children's education, childcare options, and support for children with special needs.

Brought to you by the

**DEFENCE COMMUNITY
ORGANISATION**

Connecting with your community

