



## **Autism Queensland Workshops DCO North Queensland**



# Managing change and transitions: practical strategies and supports for defence families with dependents with Autism Spectrum Disorder (ASD)

Autism Queensland, the lead support agency for people with ASD in Queensland, is working with Department of Defence to provide the following support to families with dependents with ASD.

### 1. FULL DAY GROUP WORKSHOP

WHERE: Geckos Defence Family Centre, Lavarack Barracks. WHEN: Wednesday 2 March, 9.15am-2.45pm.

In this workshop we will help you identify the learning strengths and challenges of the individual with ASD. You will explore how this information may be used to develop strategies for day to day routines within your family and support for transitions and deployment changes.

**BOOK ONLINE.** (Numbers are limited so please book early.)

## 2. CONSULTATION

Follow up phone/web consultations to assist with your transition/ change plan and engagement with local support options. **WHEN:** April 2016.

### 3. HALF-DAY GROUP WORKSHOP

**WHERE**: Geckos Defence Family Centre, Lavarack Barracks. **WHEN**: Thursday 26 May. 9.15am-12.00pm. This workshop will focus on understanding how your dependent with ASD responds to change and identifying strategies for your family.

N.B. These workshops are open to current serving members and their families; and/or reservists on continued full time service. Numbers are limited so please book in early.

For more information email: <a href="mailto:learning@autismqld.com.au">learning@autismqld.com.au</a>





